

## Stop That Backache!

There's nothing more discouraging than a constant backache. You are lame when you awake. Pains pierce you when you bend or lift. It's hard to rest and next day it's the same old story. Pain in the back is nature's warning of kidney ills. Neglect may pave the way to dropsy, gravel, or other serious kidney sickness. Don't delay—begin using Doan's Kidney Pills—the remedy that has been curing backache and kidney trouble for over fifty years.

### A New Mexico Case

Mrs. Mary Mc-Garvey, 104 Mount St., N. M., writes: "My back was in such bad shape that I had to roll out of bed onto the floor and then help myself up. There was a steady, dull ache over my kidneys, along with knife-like twinges. My feet and ankles were swollen and I was all run down. Doan's Kidney Pills restored me to good health and I haven't suffered to any extent since."

Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

## BLACK LEG

LOSSES SURELY PREVENTED  
By Cutter's Blacking Pills. Low-  
cost, fresh, reliable; preferred by  
Western stockmen because they pre-  
vent where other remedies fail.  
Write for booklet and testimonials.  
10-dose size, Blacking Pills \$1.50.  
50-dose size, Blacking Pills 4.00.  
The size in bottle, but Cutter's best.  
The superiority of Cutter products is due to over 15  
years of specializing in medicines and services only.  
Sole U. S. Agent, Cutter Laboratories, Berkeley, California.

## SEEK TROPHIES OF THE WAR

Curio Dealers Willing to Pay High  
Prices for Mementoes, Which  
They Hope to Sell.

Curio dealers from England and from the continent are reported to be in the vicinity of the battlefields in northern France endeavoring to buy trophies of the war, which they hope in time may be valuable. They find, it is said, some difficulty in driving bargains. Amateurs who have come into possession of trophies hold them for high prices or will not sell on any consideration. It is recalled that after the American Civil war came to an end a bookseller in the Bermudas, when the cargoes of the blockade runners in the harbor of Hamilton were sold at auction, bought a number of package cases without the least knowledge of their contents. Among these were several boxes of brass buttons consigned to the Confederate army for use on soldiers' uniforms. Some twenty years later tourists discovered these old Confederate buttons. A New York dealer made a high bid for the entire supply. This bid was refused, and these buttons for which in the war-torn years a small fraction of a cent was paid, have been selling at 75 cents and \$1 each.

### Their Relation.

"The abbreviations of two of the states of the Union ought to be very close to each other in popular association."

"What two are they?"  
"Ill. and M. D."

### A FOOD DRINK

Which Brings Daily Enjoyment.

A lady doctor writes:  
"Though busy hourly with my own affairs, I will not deny myself the pleasure of taking a few minutes to tell of the enjoyment obtained daily from my morning cup of Postum. It is a food beverage, not a stimulant like coffee."

"I began to use Postum 8 years ago; not because I wanted to, but because coffee, which I dearly loved, made my nights long, weary periods to be dreaded and unfitting me for business during the day."

"On advice of a friend, I first tried Postum, making it carefully as suggested on the package. As I had always used cream and no sugar, I mixed my Postum so. It looked good, was clear and fragrant, and it was a pleasure to see the cream color it as my Kentucky friend always wanted her coffee to look like a new saddle."

"Then I tasted it critically, for I had tried many substitutes for coffee. I was pleased, yes, satisfied with my Postum in taste and effect, and am yet, being a constant user of it all these years."

"I continually assure my friends and acquaintances that they will like Postum in place of coffee, and receive benefit from its use. I have gained weight, can sleep and am not nervous."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Postum comes in two forms:  
Regular Postum—must be well boiled. 15c and 25c packages.  
Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water, and with cream and sugar makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost per cup about the same.

"There's a Reason" for Postum.

—sold by Grocers.

## MAKE PASTURES A FEATURE

Variety of Grasses Should Be Selected  
to Conform to Soil Conditions—  
Use a Little Thought.

We often hear people say that they believe dairying might do pretty well in certain neighborhoods if they only had pastures. The idea these people intend to convey is generally that all the land is cropped and that there is no low land too wet or high land too rough to crop. In other words, these good people do not know what a pasture is. They have misinterpreted the Lord's intentions when he made land too bony or too hilly for cultivation.

An ideal pasture should contain a number of grasses and clovers so that in its turn some one of these grasses or clovers is coming to its best each week during the pasture season, writes Ben R. Eldridge in Utah Farmer. The variety of grasses planted in a pasture should also be selected so that if there is a variety of soils or of soil conditions in the pasture there will be some variety of grass especially adapted to each variety or condition of the soil.

Some grasses, for instance, provide excellent feed in the spring. They lie dormant in the warmer weather of summer and make another very excellent growth in the fall, and these grasses are excellent in their way, but should be planted with other varieties that are drought resistant and grow fairly well during midsummer.

Some grasses do well on well-drained soil; others require low land, where the surface water is at a shallow depth below the ground level. Laying off permanent pastures the ground should be built up; that is, well fertilized, laid off if it is to be irrigated so that the greatest amount of good can be gained when water is applied.

Then, if a proper variety of grasses is selected, a sod can be produced that will stand a wonderful amount of tramping and for many years furnish feed for several animals to the acre, during four to five months of the year. That is what a pasture really is. Our swamp lands and our rocky hillside are misnamed, when we call them "pastures."

I don't think it's much to the credit of some of us who call places pastures that have been used for forty years and never known the planting of a single seed from the hand of the owner. We can have most excellent pastures if we only use a little thought and make them.

A few acres of good, well-made pasture will furnish more and better feeding than can be gathered from a quarter section of much of the ground that we dignify in its unbroken state by the name of "pasture." There are many places where there is a fair natural sod, but is very seldom those places cannot be immensely improved by re-enforcing the native grasses by a few seasonal seedings of domestic grasses.

Why leave these things all to the Lord? He has done a great deal for us. Let us do our share and make some pastures.

### Moisture for Hatching.

The amount of moisture required in the hatching of eggs in our low altitudes is so little that a saucer containing water and a sponge set in the saucer to absorb the water and make the air humid is all that is necessary. If the incubator is set in a cellar good hatches, in fact the best, are often made without any more moisture given than the air of a cellar. Even a basement room will often supply enough.

### To Get Best Results.

Soil, a mixture of earth, water and air. Too much of either is bad and too little means an entire or partial crop failure. Like any other compound, it must be mixed properly to secure the best results. Deep tillage to conserve the moisture and frequent cultivation to stop evaporation and introduce the air together with proper fertilizing, will get the results.

### Farmers Who Prosper.

The men who have stuck to hogs and sheep, improving their breeds and method of feeding and marketing, have come into great prosperity. The quitters in bad times have been the only losers.

### Separate Brood Sows.

The brood sows should never be fed with the herd as they are apt to get too fat. When with pig they are likely to be injured by the other pigs kicking and bunting them about.

Home-Made Feeds Economical.  
Home-made feeds are more economical than commercial feeds. It very seldom pays to buy large quantities of expensive feeds for hogs that are being fitted for the market.

### Dirty House Expensive.

The man who neglects to keep his henhouse clean has to act as undertaker for some of his fowls every once in a while.

The principal thing in regard to making poultry pay is care in feeding.

Love may be blind. But jealousy goes around with a 50-inch telescope.

Red Cross Bag Blue, much better, goes farther than liquid blue. Get from any grocer. Adv.

Our idea of a martyr is a man who poses as a good example in a small town.

YOUR OWN DRUGGIST WILL TELL YOU  
Try Murine Eye Remedy for Red, Watery, Itchy and Irritated Eyes. No Stinging—Just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

### Reason Enough.

"Why is Higbee so sore on the liquor traffic all of a sudden?"  
"He ran over a broken beer bottle last Sunday and punctured two tires."

ALLEN'S FOOT-EASE for the TROOPS  
Over 100,000 packages of Allen's Foot-Ease, the sublimely soothing powder to shake into your shoes, are being used by the German and Allied troops at the front because it relieves the feet, gives instant relief to Corns and Bunions, hot, swollen, aching, tender feet, and makes walking easy. Sold everywhere. Try it TODAY. Don't accept any substitute. Adv.

### Danger.

Maid—Madam, the Pomeranian is playing with your pearl necklace.  
Mistress—Take it away from him at once. He might swallow one and get appendicitis.

## TOUCHES OF ECZEMA

At Once Relieved by Cuticura Quite Easily. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. Nothing better than these fragrant super-creamy emollients for all troubles affecting the skin, scalp, hair and hands. They mean a clear skin, clean scalp, good hair and soft, white hands.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

### Her Fatal Oversight.

When the telephone bell rang Van-Julia Trippitts was looking in the mirror, and out of it, as it were.

"Thirty-nine years old today!" she mused.

And then the bell rang.

II.  
"What? What say?" she called into the mouthpiece. "O! Yes, yes, certainly I'll marry you!"

III.  
Two minutes later she was in her boudoir again, sobbing as if her heart would break.

Was the rapture too much for her? Was it a case of too much sudden joy?

Two says!  
"Woe is me. Alas and alack, and again alas!" wept Vandalia. "I neglected to ask who he was!"—Detroit Free Press.

## A GRATEFUL ACKNOWLEDGMENT.

Mr. F. C. Case of Welcome Lake, Pa., writes: "I suffered with Backache and Kidney Trouble. My head ached, my sleep was broken and unrefreshing. I felt heavy and sleepy after meals, was always nervous and tired, had a bitter taste in my mouth, was dizzy, had floating specks before my eyes, was always thirsty, had a dragging sensation across my loins, difficulty in collecting my thoughts and was troubled with shortness of breath. Dodds Kidney Pills have cured me of these complaints. You are at liberty to publish this letter for the benefit of any sufferer who doubts the merit of Dodds Kidney Pills."



Mr. F. C. Case, thirsty, had a dragging sensation across my loins, difficulty in collecting my thoughts and was troubled with shortness of breath. Dodds Kidney Pills have cured me of these complaints. You are at liberty to publish this letter for the benefit of any sufferer who doubts the merit of Dodds Kidney Pills."

Dodds Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Dodds Dyspepsia Tablets for indigestion have been proved. 50c. per box.—Adv.

### The Language.

"I have it in for Smith."  
"I heard you were out with him."—Baltimore American.

# Sick Women Attention

Is it possible there is a woman in this country who continues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, which proves beyond contradiction that this grand old medicine has relieved more suffering among women than any other one medicine in the world?

We have published in the newspapers of the United States more genuine testimonial letters than have ever been published in the interest of any other medicine for women—and every year we publish many new testimonials, all genuine and true. Here are three never before published:

### From Mrs. S. T. Richmond, Providence, R. I.

PROVIDENCE, R. I.—"For the benefit of women who suffer as I have done I wish to state what Lydia E. Pinkham's Vegetable Compound has done for me. I did some heavy lifting and the doctor said it caused a displacement. I have always been weak and I overworked after my baby was born and inflammation set in, then nervous prostration, from which I did not recover until I had taken Lydia E. Pinkham's Vegetable Compound. The Compound is my best friend and when I hear of a woman with troubles like mine I try to induce her to take your medicine."—Mrs. S. T. Richmond, 84 Progress Avenue, Providence, R. I.

### From Mrs. Maria Irwin, Peru, N. Y.

PERU, N. Y.—"Before I took Lydia E. Pinkham's Vegetable Compound I was very irregular and had much pain. I had lost three children, and felt worn out all the time. This splendid medicine helped me as nothing else had done, and I am thankful every day that I took it."—Mrs. MARIA IRWIN, R.F.D. 1, Peru, N. Y.

### From Mrs. Jane D. Duncan, W. Quincy, Mass.

SOUTH QUINCY, MASS.—"The doctor said that I had organic trouble and he doctored me for a long time and I did not get any relief. I saw Lydia E. Pinkham's Vegetable Compound advertised and I tried it and found relief before I had finished the first bottle. I continued taking it all through middle life and am now a strong, healthy woman and earn my own living."—Mrs. JANE D. DUNCAN, Forest Avenue, West Quincy, Mass.

Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



## COLT DISTEMPER

Can be handled very easily. The sick are cured, and all others in same stable no matter how "set" and kept from having the disease by using SPOHN'S LIQUID DISTEMPER COKE. Give one or two bottles of it. Acts on the blood and expels germs of all forms of distemper, but remedy even better for horses in feed, one bottle guaranteed to cure one case. See notice in booklet. Sold by druggists and hardware dealers, or sent express paid by manufacturer. Cut shows how to apply the distemper. For booklet giving everything, Local agents wanted. Largest selling house remedy in distemper—twelve years.

SPOHN MEDICAL CO., Chemists and Barber-Surgeons, Coshen, Ind., U. S. A.

### The Terrible Alternative.

The young wife—they are all young in fiction—in tears, sobbing as though her heart was about to break. "Great guns!" exclaimed her husband, "what's up?" "I—I've got to—to—di—divorce you," she sobbed. "What in thunder?" "The new—co-cook won't stay if you do."

Thus did idyllic happiness have to take a back seat for brutal materialism.—Philadelphia Public Ledger.

### Fun for Her.

"You say you love Reggie. Then why do you continue to refuse him?" "I enjoy hearing him stammer his proposals."

If it is something you do not understand and cannot grasp the probabilities are that it is art.

Smile on wash day. That's when you use Red Cross Bag Blue. Clothes whiter than snow. All grocers. Adv.

The youth who is unwilling to toe the mark usually remains at the foot.

### Different Fads.

"I'm an eclectic on hypnotic occultism."  
"I ain't. I'm a teetotaler."



EVERY WOMAN wishes to look her best. You will never know what YOUR BEST is until you try

## ZONA

the wonderful healer and beautifier. Send one dime and we will mail you a beautiful opal jar of ZONA with a 10-cent silk sponge for applying.

Write at once.

Zona Company, 412 N. Water, Wichita, Kans.

W. N. U., DENVER, NO. 17-1915.

## W. L. DOUGLAS

MEN'S \$2.50 '3 \$3.50 '4.00 '4.50 '5 '5.50 SHOES  
WOMEN'S \$2.00 '2.50 '3.00 '3.50 & '4.00 SHOES  
BOYS' \$1.75 '2 '2.50 '3.00 MISSES' \$2.00 & '2.50

YOU CAN SAVE MONEY BY WEARING W. L. DOUGLAS SHOES

W. L. Douglas shoes are made of the best domestic and imported leathers, on the latest models, carefully constructed by the most expert last and pattern makers in this country. No other make of equal price, can compete with W. L. Douglas shoes for style, workmanship and quality. As comfortable, easy walking shoes they are unsurpassed.

The \$2.00, \$2.50 and \$3.00 shoes will give as good service as other makes costing \$4.00 to \$5.00. The \$4.50, \$5.00 and \$5.50 shoes compare favorably with other makes costing \$6.00 to \$8.00. There are many men and women wear Douglas shoes and they will tell Douglas shoes cannot be excelled for.

CAUTION! When buying W. L. Douglas shoes, look for the NAME and PRICE stamped on the bottom. Those that are stamped are worth the price paid for them. For 32 years W. L. Douglas has purchased their value and protected the wearers against high prices for inferior shoes by having the NAME AND PRICE stamped on the bottom before they leave the factory. Do not be deceived by taking some other make claimed to be just as good. You are paying your money and are entitled to the best. If your dealer cannot supply you, write for Illustrated Catalog showing how to order by mail. W. L. Douglas, 210 Spark St., Brockton, Mass.



If you could visit the W. L. Douglas factory at Brockton, Mass., and see how carefully the shoes are made, and the high grade leathers used, you would then understand why they look and fit better, hold their shape and wear longer than other makes for the price.

W. L. Douglas shoes are sold by mail for \$1.00 in the large cities and shoe dealers everywhere.

BEWARE OF SUBSTITUTES